



# PARENT WORKSHOP

***Because Teens Don't Come with Manuals!***

Parenthood is the gift that keeps on giving! Through early childhood and teens, to young adults...a state of constant growth and development. As parents, we all have the same goals, a desire to raise caring, independent and responsible adults; although, each path taken will be different.

**Come Join Us for this FREE workshop**

**Thursday, November 16, 2017 @6:30 to 8:00 pm**

**Mount Vernon High School**

**100 California Road, Mt. Vernon**

Relax, trust yourself, you know more than you think you do! Our workshop will focus on how the three keys of love, communication and consistency, can encourage and support teens in school and at home.

**Presented by Gayle Smith, M.Ed., LC**

Education Consultant, Special Education Advocate and Life Coach

**Essentials For Change Education Services**

**[www.efc-specialeducationconsulting.com](http://www.efc-specialeducationconsulting.com)**

**Be the Best Parent  
You Can Be!**

**Discover your  
unique Parenting  
Style, your source  
of empowerment.**

**Find Strategies to  
help you actively  
participate in your  
child's educational  
provisions.**

**Learn how to  
develop a Family  
Action Plan.**

**Register: [Click Here](#)**

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**TRAINING and**

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**Information or Questions**

**contact Becky Coles**

**[bcoles@putnamils.org](mailto:bcoles@putnamils.org)**

**(845) 228-7457, ext. 1109**

