

# Let's *get* Social



A three session social skills workshop that fosters confidence and self-esteem while participants learn how to make friends, interact with a group, practice socializing, and have fun – all while the presenters encourage participants to be themselves. Classes offer low-stress, accepting environments that promote learning and growth while celebrating diversity.

The three sessions will cover how to improve your communication and social interactions. Participants will be provided opportunities to practice what they learn in the classroom.

Interested in more? Ask about our **Let's have Fun** (activity oriented), **Positively Speaking** (Support Group for people with Autism) and/or our **Let's get Social Part 2** (a community event).

Go to our webpage for current information:  
[www.wilc.org](http://www.wilc.org)

**Register Now, space is limited!**

## Workshop

**September 11th, 18th & 25th**  
**11:30AM – 1:30 PM**

Westchester Independent  
Living Center  
10 County Center Road, 2fl  
White Plains, NY

**Registration by September 4<sup>th</sup> 2018**

Leydy Rodriguez  
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Program

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WILC serves people with all disabilities