

A three session social skills workshop that fosters confidence and self-esteem while participants learn how to make friends, interact with a group, practice socializing, and have fun – all while the presenters encourage participants to be themselves. Classes offer low-stress, accepting environments that promote learning and growth while celebrating diversity.

We will cover how to improve your communication and social interactions. Participants will be provided opportunities to practice what they learn in the classroom and out of it.

Interested in more?

REGISTER NOW, SPACE IS LIMITED

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