



INCLUSIVE DANCE FEST 2019

Bellydance For Every Body

Wednesday, April 17th from 5:30—7:00 P.M.

City Center Dance, 98 Lake Street, White Plains, NY 10604



Dancer, choreographer, and author, Tava Naiyin, will teach introductory movements of bellydance including snake arms, hip accents, shimmies and isolations.

Tava will also provide cultural context and breakdown the intricate rhythms from the Middle East and North Africa.

www.bellydancebytava.com

This inclusive class is free and open to all abilities. Students may participate seated or standing.

Comfortable fitness attire recommended.

To complete the required registration, please email **AdaptiveSports@Burke.org** or call **(914) 597-2248**