THE BLANK CANVAS

A Women's Empowerment Series



Are You A Woman Over The Age Of 30?

Do You Feel Stagnate?

Can You Use Some Inspiration To Get Moving?

<u>Free</u>

Support Network will be held every 2nd & 4th Thursday of the Month

Starting March 12, 2020

6:00 pm – 7:00 pm

Westchester Independent Living center

10 County Center Road, 2nd Floor

White Plains, New York 10607

Light Refreshments Served

The Blank Canvas is s community-based, non-clinical support group that is safe and welcoming for women to connect with peers so that they can benefit from shared experiences and commitment to common goals.

