

Westchester Independent Living Center & Help is Here Coaching Presents:

ADHD, It's Not Just an Academic Issue

Come and discover how to assist your child in being their best self & learn tools & strategies to address feeling overwhelmed.

ADHD is a 24 hour a day condition that impacts a person's social, school and work life. It impacts males and females in different ways. Learn about ADHD, the latest research, risk factors, tools & strategies. Join us for a discussion and learning forum.

Who should attend: Parents, Loved Ones, Teachers & Friends of someone with ADHD.

Presenter: Isabel Ebrahimi, Certified ADD/ADHD Coach & Parent Coach

Date & Time: Tuesday March 3, 2020 6:00 PM – 8:00 PM

Location: Westchester Independent Living Center,
10 County Center Road, White Plains, NY 10607
2nd Floor

**To register, please click [Here](#) or
Contact Denise Green at dgreen@putnamils.org or 845-228-7457, x 1102**

By providing information through this registration link, it allows for us to continue providing free informational programs to the community. Please do so from a computer, as link does not work from a tablet or smartphone.

This workshop is sponsored by Westchester Independent Living Center's (WILC) Parent Training and Information Center (PTIC). WILC is a Core Community Partner funded by a contract with Starbridge Services, Inc., in Rochester, NY through its PTIC grant from the United States Department of Education (H328M110020).



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