SOCIAL SKILLS AFFECT NEARLY EVERY ASPECT OF YOUR LIFE



## WESTCHESTER INDEPENDENT LIVING CENTER'S PEER ADVISEMENT GROUP INVITES YOUR TEEN OR YOUNG ADULT TO JOIN OUR LET'S GET SOCIAL SKILLS GROUP.

Come Take Advantage of this interactive virtual social skills group.

The group will focus on how to connect with peers and how to create meaningful relationships. Each session is tailored to include a discussion and hands-on activities to assure participants receive immediate knowledge and skills. Join our group were we can grow our social skills together.

Facilitator: Denise DelliSanti, Peer Independent Living Specialist

Dates and time: Monday November 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & December 7<sup>th</sup> and 14<sup>th</sup> 12:00 PM – 1:30 PM

For more information or to register for this group please contact Denise DelliSanti, ddelliSanti@wilc.org, 845-664-6012.

