SOCIAL SKILLS AFFECT NEARLY EVERY ASPECT OF YOUR LIFE



## WESTCHESTER INDEPENDENT LIVING CENTER'S PEER INTEGRATED PROGRAM INVITES YOUR TEEN OR YOUNG ADULT TO JOIN OUR LET'S GET SOCIAL SKILLS GROUP. AGES 18-26

Come Take Advantage of this interactive virtual social skills group.

The group will focus on how to connect with peers and how to create meaningful relationships. Each session is tailored to include a discussion and hands-on activities to assure participants receive immediate knowledge and skills. Join our group where we can grow our social skills together.

Facilitators: Denise DelliSanti, Peer Independent Living Specialist along with Serge Del Grosso. Peer Independent Living Specialist

Dates and time: October20 and 27, November 3,10 and 17th at 1:00 PM

For more information or to register for this group please contact Denise DelliSanti, at ddelliSanti@wilc.org, 845-535-1561.

