

## **HEAR OUR VOICES!**

## THE WESTCHESTER INSTITUTE FOR HUMAN DEVELOPMENT

## **Our Programs:**



1- Disability Conversations Group Informative talks about living with disabilities in an accessible way



2- Relationship Skills Group - An inter-abled group to learn and practice social skills



3- Readers With Disabilities Book Club - A book club that celebrates disability & is designed for young-adults at all reading levels



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**Contact:** 

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- 4- Aspiring LeaDDers Program An accessible, leadership skills training course for self-advocates
- 5- Project SEARCH Self-Advocacy Workshops
  A part of the Project SEARCH program, our
  workshops focus on teaching self-advocacy skills
- **6- Speaker's Network** Opportunities for self-advocates to be public speakers at different disability-related events
- **7- Self-Advocate Internship** An internship opportunity for a self-advocate to work with our staff
- **8- Public Speaking Skills Course** Online curriculum for self-advocates.